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Why MitoForte Clobbers the Competition

How does your memory and energy supplement compare?

Based on recommended daily usage.						
	MITOFORTE	JUVENON	RED BULL	VITAL MEMORY	MEMORY SUPPORT FORMULA (DR. WEIL)	GINKGO BILOBA
Huperzine A	400 mcg					
L-Carnitine	800 mg					
Alpha Lipoic Acid	600 mg	400 mg		16.67 mg		
Acetyl-L-Carnitine	800 mg	1000 mg		50 mg		
Ginkgo*					120 mg	120 mg
Caffeine			80 mg			
DHA					100 mg	
Vitamin E					100 IU	
Sugar			27 gm			
Memory and Energy Increase[†]	60% or more	0	0 [‡]	0	0	0
						

Among all these manufacturers, only NBI refers to human clinical trials showing the ingredients in their products, in the amounts contained in their products, are effective. Compare these products and their website's with NBI's products and websites. MitoForte, for example, lists more than 230 citations supporting its formula, including many human clinical trials.

The products included in this chart may contain additional nutrients, such as vitamins and minerals. However, none of these additional nutrients have ever been shown in studies to improve memory or energy. The only nutrients listed in this chart are those promoted by supplement companies as nutrients that explicitly enhance memory or energy. It is not a complete list of all nutrients found in these products.

**Ginkgo biloba* has been studied for its ability to improve memory. The amount of Ginkgo in these products—120 mg—has never been shown to improve memory.

[†]Determination of memory and energy increases were based on published human clinical trials and compared against the amount of each nutrient provided in these formulas.

[‡]While it's likely that the eight milligrams of caffeine and sugar in one can of Red Bull can help people temporarily enhance energy, no clinical trials on these amounts of ingredients have ever been shown to increase energy or memory. Moreover, high amounts of caffeine and sugar consumption can be dangerous. Side effects include rapid heartbeat (tachycardia), insomnia, poor blood sugar regulation, increasing diabetes risk, anxiety and mood changes.

DISCLAIMER: These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.